



# Survivors Workshops

Sponsored by Survivors of Outdoor  
Adventures and Recovery (SOAR)

**SOAR PROVIDES SUPPORT FOR  
THOSE INVOLVED IN ADVENTURE  
ACCIDENTS. NAVIGATING GRIEF OR  
TRAUMA CAN BE A COMPLICATED  
AND ISOLATING PROCESS.**

**YOU ARE NOT ALONE!**

We are promoting community  
healing by facilitating peer-  
supported psycho-educational  
workshops for survivors.

**MEETINGS VIA ZOOM EVERY SIX  
WEEKS**

If you are interested, please reach out to us at  
**INFO@SOAR4LIFE.ORG**